

## Week 1

Autumn/Winter 2026/27

02/11/26 04/01/27

23/11/26 25/01/27

04/12/26 08/03/27

# The Hayes Primary ALLERGY MENU

|           | RED                                                            | GREEN                                                            | BLUE                                                                   | PUDDING                |
|-----------|----------------------------------------------------------------|------------------------------------------------------------------|------------------------------------------------------------------------|------------------------|
| Monday    | Tomato & basil chicken with wedges & root veg                  | Mexican sweetcorn bean stew with wedges & roasted root veg       | Jacket potato with mild chicken korma, veggie bolognese or baked beans | Orange cookie          |
| Tuesday   | BBQ pulled pork with rice, broccoli & sweetcorn                | Butterbean jambalaya with rice, broccoli & sweetcorn             | Jacket potato with mild chicken korma, veggie bolognese or baked beans | Strawberry jelly       |
| Wednesday | Roast chicken, skin on roasties, gravy with carrots & peas     | Roast vegetable hot pot, skin on roasties, gravy, carrots & peas | Jacket potato with mild chicken korma, veggie bolognese or baked beans | Chocolate banana bread |
| Thursday  | Super meatball sweet potato pie with mixed salad               | Super veggie sweet potato pie with mixed salad                   | Jacket potato with mild chicken korma, veggie bolognese or baked beans | Fruit salad            |
| Friday    | Southern fried chicken fillet with chips & baked beans or peas | Veggie bean patty with chips, baked beans or peas                | Jacket potato with mild chicken korma, veggie bolognese or baked beans | Carrot cake muffin     |

Salad bowl and freshly baked bread available daily